

# May K-8 2 Entrée Salad Station Lunch Menu

Chicago Public Schools

**1** Cheese Pizza  
Turkey-Sausage Pizza  
  
Turkey & Cheese Wrap  
  
Garden Side Salad · Celery Sticks  
Cucumber Slices · Fresh Orange  
Fresh Apple Slices – Local!  
Diced Pears · Dried Cranberries

**2** Orange Popcorn  
Chicken & Brown Rice  
  
Tuna Bagel Sandwich  
  
Fresh Broccoli · Carrot Salad  
Chickpeas · Banana · Diced Peaches  
Fresh Apple Slices – Local!  
Orange & Grape Medley

**3** **Breakfast 4 Lunch**  
**NEW!** Cheese Eggs  
& Pancakes with Syrup  
  
Santa Fe Chicken Wrap  
  
Green Bean & Tomato Salad - Local!  
Warm Cinnamon Apples & Cranberries  
Tater Tots · Baby Carrots · Zucchini  
Orange · Banana · Diced Pears

**4**  
  
Chicago Deep Dish Pasta  
  
Peanut Butter & Jelly  
  
Baby Carrots · Cucumber Slices  
Garden Side Salad · Applesauce  
Cantaloupe & Honeydew Medley  
Fresh Apple Slices – Local!  
Orange

**5** Southwest Chicken  
& Rice Bowl  
  
Romaine Salad with  
Blended Cheeses & Roll  
  
Chickpeas · Elotes-Style Corn - Local!  
Fresh Broccoli · Zucchini Slices  
Banana · Fresh Apple Slices - Local!  
Orange · Dried Cranberries

**8**  
  
Cheese Pizza Sticks & Marinara  
  
Turkey Chef Salad & Roll  
  
**NEW!** Veggie Confetti Salad – Local!  
Chickpeas · Cucumber Slices  
Orange · Fresh Apple Slices – Local!  
Diced Pears · Dried Cranberries

**9** **NEW!**  
Vesuvio Chicken  
& Spaghetti – Local!  
  
Peanut Butter & Jelly  
  
**NEW!** Chopped Caesar Salad – Local!  
Zesty Black Beans – Baby Carrots  
Banana · Fresh Apple Slices – Local!  
Orange · **NEW!** Caramelized Pears

**10** **NEW!**  
Chicken Pasta Primavera  
  
Veggie Cheese Sandwich  
  
Fresh Broccoli · Baby Carrots  
Zucchini Slices · Orange  
Fresh Apple Slices – Local!  
Banana · Diced Peaches

**11** Three-Cheese Wrap  
  
**NEW!** Beef Soft Tacos with  
Mango Pico de Gallo - Local!  
  
Applesauce · Seasoned Corn - Local!  
Tomato Wedges · Cucumber Slices  
Orange · Fresh Apple Slices – Local!  
Cantaloupe & Honeydew Medley  
Garden Side Salad

**12** Sweet & Sour  
Popcorn Chicken & Brown Rice  
  
Peanut Butter & Jelly  
  
**NEW!** Mighty Cabbage D'Bar – Local!  
Cucumber & Tomato Salad  
Fresh Broccoli · Zucchini Slices  
Orange · Fresh Apple Slices – Local!  
Banana · Dried Cranberries

**15**  
  
Hot Dog  
  
Peanut Butter & Jelly  
  
Diced Pears · Garden Side Salad  
Cucumber Slices – Fresh Broccoli  
Fresh Apple Slices – Local!  
Orange · Dried Cranberries

**16** Turkey Fajitas  
  
Peanut Butter & Jelly  
  
Campfire Beans · Baby Carrots  
Fresh Green Pepper Strips  
Zucchini Slices · Banana  
Fresh Apple Slices – Local!  
Orange & Grape Medley  
Diced Peaches

**17**  
  
Chicken Alfredo Penné  
  
Peanut Butter & Jelly  
  
Local! Green Bean & Tomato Salad  
Warm Cinnamon Apples & Cranberries  
Baby Carrots · Fresh Broccoli  
Orange · Banana · Diced Pears

**18** Chicken & Waffle  
  
Tuna Salad Sandwich  
  
Tater Tots · Garden Side Salad  
Zucchini Slices · Chickpeas  
Fresh Apple Slices – Local!  
Cantaloupe & Honeydew Medley  
Orange · Applesauce

**19** Breaded Fish Melt  
  
Romaine Salad & Diced Chicken  
with Cheese Blend & Roll  
  
Baby Carrots · Cucumber Slices  
Fresh Broccoli · Orange  
Fresh Apple Slices – Local!  
Banana · Dried Cranberries

**22** Turkey-Sausage Pizza  
Deep Dish Cheese Pizza  
  
Tuna Salad Sandwich  
  
Garden Side Salad · Orange  
Cucumber Slices · Fresh Broccoli  
Fresh Apple Slices – Local!  
Dried Cranberries · Diced Pears

**23** Beef Soft Tacos  
Chicken Nuggets & Breadstick  
  
Romaine Salad,  
with Blended Cheeses & Roll  
  
Baby Carrots · Seasoned Corn - Local!  
Cucumber Slices · Chickpeas  
Kiwi Strawberry Slushie · Banana  
Orange & Grape Medley  
Fresh Apples Slices – Local!

**24** Thai Peanut Drumstick  
& Brown Rice – Local!  
  
Vegetarian Baja Salad with Roll  
  
Zucchini Slices · Fresh Broccoli  
Baby Carrots · Diced Pears  
Warm Cinnamon Apples & Cranberries  
Banana · Orange

**25** Breaded Chicken  
Parmesan Penné  
  
Egg Salad Sandwich  
  
Cucumber & Tomato Salad  
Celery Sticks – Baby Carrots  
Fresh Apple Slices – Local!  
Cantaloupe & Honeydew Medley  
Orange · Applesauce

**26** Big Beef Nachos  
  
Peanut Butter & Jelly  
  
Kickin' Pintos · Fresh Broccoli  
Garden Side Salad · Banana  
Cucumber Slices · Orange  
Fresh Apple Slices – Local!  
Dried Cranberries

**29**  
  
Memorial Day  
Holiday

**30** Cheese Pizza  
Turkey-Sausage Pizza  
  
Turkey & Cheese Sandwich  
  
Garden Side Salad · Baby Carrots  
Banana · Fresh Broccoli · Diced Pears  
Orange · Fresh Apples Slices – Local!  
Orange & Grape Medley

**31** **NEW!**  
Cheese-Stuffed Pretzel Sticks  
with Apples and Peanut Butter  
  
Chicken Ham & Cheese Sdw  
  
Fresh Broccoli · Elotes-Style Corn - Local!  
Cucumber Slices · Baby Carrots  
Diced Peaches · Orange · Banana  
Fresh Apple Slices – Local!

**1** Popcorn Chicken  
Bowl & Breadstick  
  
Veggie Cheese Sandwich  
  
Mashed Potatoes · Baby Carrots  
Chickpeas · Cucumber Slices  
Fresh Apple Slices – Local!  
Cantaloupe & Honeydew Medley  
Orange · Applesauce

**2** Three-Cheese Wrap  
  
Chicken Nuggets & Breadstick  
  
Zesty Black Beans · Zucchini  
Fresh Broccoli · Orange · Banana  
Fresh Apple Slices – Local!  
Dried Cranberries

Check out this month's **NEW** items!

If it's green, it's **VEGETARIAN!**

Find all of our menus at [www.cps.edu/menu](http://www.cps.edu/menu)

All meals are free, every day!

- We offer a daily rotation of vitamin and mineral-rich seasonal fresh and cupped fruits including: apples, oranges, pears, bananas, cantaloupe & honeydew, grapes, kiwi, and peaches.
- We use only heart-healthy whole grain breads, pastas, and rice.
- Our milk varieties include 1% low fat & fat-free choices.
- Our menus are pork-free!
- In Peanut-Free Buildings, SunButter™ will be substituted.
- All menus are subject to change.
- Not all offerings may be available in all buildings.

This institution is an equal opportunity provider.

