

MAY 2019

Skinner North

K-8 GNG Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			<ul style="list-style-type: none"> French Toast Sticks Maple Syrup . Strawberry Kiwi Bar . Cheerios String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Pancake on a Stick . Apple Cinnamon Bar . Blueberry Crisp String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Warm Mini Strawberry Creamy Cheese Bagels . Frosted Mini Wheats String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	
			8	9	10	11
			<ul style="list-style-type: none"> Egg & Cheese English Muffin . Strawberry Parfait Graham Crackers . Frosted Mini Wheats String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> French Toast Sticks Maple Syrup . Blueberry Muffin String Cheese . Strawberry Frosted Mini Wheats String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Maple Mini Waffles . Strawberry Kiwi Bar . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	
			15	16	17	18
			<ul style="list-style-type: none"> Cinnamon French Toast . Mango Banana Bar . Cheerios String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Sunnyside Egg & Cheese Quesadilla Apple Cinnamon Bar . Strawberry Frosted Mini Wheats Hard Boiled Egg . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Warm Mini Strawberry Creamy Cheese Bagels . Frosted Mini Wheats String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Our menus are pork-free! In peanut-free buildings, Sunbutter will be substituted. All menus are subject to change. Not all offerings may be available in all buildings.
			22	23	24	25
			<ul style="list-style-type: none"> Egg & Cheese English Muffin Blueberry Muffin String Cheese . Frosted Mini Wheats String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> French Toast Sticks Maple Syrup . Strawberry Kiwi Bar . Blueberry Frosted Mini Wheats Hard Boiled Egg . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Maple Mini Waffles . PBJ Graham Cracker Bar . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	
			29	30	31	
			6	7	8	
			<ul style="list-style-type: none"> Pancake on a Stick . French Toast Bar . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Warm Cinnamon Toast Crunch Bar . Apple Cinnamon Bar . Blueberry Frosted Mini Wheats String Cheese . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 		
			13	14	15	
			<ul style="list-style-type: none"> Strawberry Pancakes . French Toast Bar . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Egg & Cheese Bagel . PBJ Graham Cracker Bar . Blueberry Frosted Mini Wheats Hard Boiled Egg . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 		
			20	21	22	
			<ul style="list-style-type: none"> Pancake on a Stick . French Toast Bar . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Warm Cinnamon Toast Crunch Bar . Apple Cinnamon Bar . Strawberry Frosted Mini Wheats Hard Boiled Egg . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 		
			27	28	29	
			5	6	7	
			<ul style="list-style-type: none"> OFFERED DAILY We offer a rotation of vitamin and mineral-rich seasonal fresh and cupped fruits. We only use heart-healthy whole grain breads, pastas, and rice in our recipes. Our milk varieties include 1% low fat and fat-free unflavored and flavored choices. 			
			12	13	14	
			<ul style="list-style-type: none"> OFFERED DAILY We offer a rotation of vitamin and mineral-rich seasonal fresh and cupped fruits. We only use heart-healthy whole grain breads, pastas, and rice in our recipes. Our milk varieties include 1% low fat and fat-free unflavored and flavored choices. 			
			19	20	21	
			<ul style="list-style-type: none"> Pancake on a Stick . French Toast Bar . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 	<ul style="list-style-type: none"> Warm Cinnamon Toast Crunch Bar . Apple Cinnamon Bar . Strawberry Frosted Mini Wheats Hard Boiled Egg . Fruit Variety Choice of Milk --- 1% Milk Skim Milk 		