

DECEMBER 2018 ELEMENTARY GRAB & GO BREAKFAST

WWW.CPS.EDU/MENU

ALL STUDENTS EAT FREE!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3



PANCAKE ON A STICK

FRENCH TOAST BAR



DRIED CRANBERRIES
FRESH APPLE

4



FRENCH TOAST STICKS & SYRUP

OATMEAL RAISIN BAR



CINNAMON GOLDEN CRISP CEREAL & STRING CHEESE

DICED PEARS
FRESH BANANA



5



WARM MINI CINNAMON CREAMY CHEESE BAGELS

MANGO BANANA BAR



FROSTED MINI WHEATS & STRING CHEESE

FRESH APPLE SLICES
FRESH PEAR



6



MAPLE MINI WAFFLES

STRAWBERRY KIWI BAR



CINNAMON VANILLA GRANOLA & STRING CHEESE

DRIED CRANBERRIES
FRESH APPLE



7



EGG & CHEESE BAGEL

PB & JELLY GRAHAM CRACKER BAR



APPLE JUICE
FRESH BANANA

10



STRAWBERRY PANCAKES

FRENCH TOAST BAR



DRIED CRANBERRIES
FRESH APPLE

11



EGG & CHEESE ENGLISH MUFFIN

PB & JELLY GRAHAM CRACKER BAR



NEW!
CINNAMON GOLDEN CRISP CEREAL & STRING CHEESE

DICED PEARS
FRESH BANANA



12



FRENCH TOAST STICKS & SYRUP

STRAWBERRY KIWI BAR



CHEERIOS & STRING CHEESE

FRESH APPLE SLICES
FRESH PEAR



13



PANCAKE ON A STICK

OATMEAL RAISIN BAR



NEW!
CINNAMON VANILLA GRANOLA & STRING CHEESE

DRIED CRANBERRIES
FRESH APPLE



14



WARM MINI STRAWBERRY CREAMY CHEESE BAGELS

FROSTED MINI WHEATS & STRING CHEESE



BLENDED FRUIT JUICE
FRESH BANANA

Good Morning! Let's Grab Breakfast.

Breakfast is available for every student, even after the final morning bell rings.

We proudly serve chicken raised with No Antibiotics Ever!

SunButter will be substituted in buildings with peanut-free menus.

All Meals Are **FREE** Every Day!

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

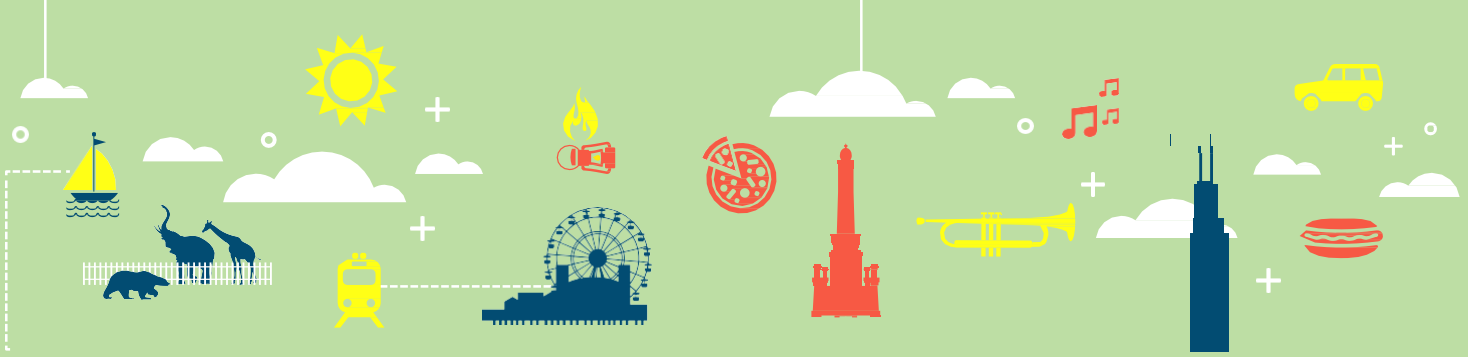
Vegetarian entrees are offered daily.

We only use heart-healthy whole grain breads.

Our milk varieties include 1% low fat and fat-free flavored and unflavored options.

This institution is an equal opportunity provider.

Our menus are pork-free!
All menus are subject to change.
Not all offerings may be available in all buildings.



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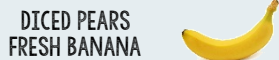
THURSDAY

FRIDAY

17



18



19



20



21



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Questions? Contact us at food@cps.edu

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