























DECEMBER K-8 LUNCH

ALL STUDENTS EAT FREE! • WWW.CPS.EDU/FOOD

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 
 3 CHEESE PIZZA (V)  CHICKEN TENDERS WITH BREADSTICK PB & JELLY SANDWICH (V)	 4 BEEF OR BEAN SOFT TACOS (V) SOUR CREAM · JALAPEÑOS · SALSA  CHEESEBURGER OR HAMBURGER LETTUCE & TOMATO PB & JELLY SANDWICH (V) TUXEDO BEANS FIESTA CORN (L)	 5 BRUNCH FOR LUNCH! PANCAKES WITH HOMESTYLE CHICKEN PATTIES OR CHEESE OMELET (V)  CHICKEN PATTY SANDWICH LETTUCE & TOMATO PB & JELLY SANDWICH (V)	 6 CHEF'S SPECIAL BAKED CHICKEN LEG (L) WITH BREADSTICK CHEESE PIZZA STICKS (V) WITH MARINARA SAUCE TURKEY & CHEESE KABOOM! SUB PB & JELLY SANDWICH (V) MASHED POTATOES	 7 SLOPPY JOE SANDWICH BEAN & CHEESE BURRITO (V) SOUR CREAM · JALAPEÑOS · SALSA PB & JELLY SANDWICH (V) CREAMY COLESLAW FRESH CANTALOUPE

FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

 10 CHEESE PIZZA (V)  CHICKEN TENDERS WITH BREADSTICK PB & JELLY SANDWICH (V)	 11 CHEESY CHICKEN NACHO BAKE OR BLACK BEAN NACHO BAKE (V) SOUR CREAM · JALAPEÑOS · SALSA  GRILLED CHEESE SANDWICH (V) PB & JELLY SANDWICH (V) SWEET CORN (L)	 12 SPAGHETTI & CHICKEN MEATBALLS  CHICKEN PATTY SANDWICH LETTUCE & TOMATO PB & JELLY SANDWICH (V)	 13 ROAST TURKEY WITH MASHED POTATOES AND HOMESTYLE GRAVY BEAN SOFT TACOS (V) SOUR CREAM · JALAPEÑOS · SALSA PB & JELLY SANDWICH (V)  NEW! GINGER CARROTS (L)	 14 CHEESEBURGER OR HAMBURGER LETTUCE & TOMATO CHEESE PIZZA STICKS (V) WITH MARINARA SAUCE PB & JELLY SANDWICH (V) FRESH CANTALOUPE
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FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

COLD DELI OPTIONS OFFERED DAILY

Peanut Butter & Jelly Sandwich* Daily

*SunButter is substituted in buildings with peanut-free menus.

TOPPINGS OFFERED

Dressings: Ranch, Italian & French

Sauces: Ketchup, Mustard, Mayo, Hot Sauce, Tartar Sauce

All of our chicken is raised with **No Antibiotics EVER!**

Fruits and veggies rotate daily and may include: cucumber, celery, broccoli, garden salads, tomato, carrots, apples, oranges, bananas, grapes, melon, cranberries, and other cupped fruits.

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Vegetarian entrees are identified with (V)
Local products grown within 350 miles are identified with (L)
















We only use heart-healthy **whole grains**.
 Our **milk** options include 1% lowfat and fat-free milk.





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MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 
 <p>CHEESE PIZZA (V)</p>  <p>HOT DOG</p> <p>PB & JELLY SANDWICH (V)</p>	 <p>CHEESE QUESADILLA (V) CHICKEN SOFT TACOS OR BEAN SOFT TACOS (V) SOUR CREAM · JALAPEÑOS · SALSA</p>  <p>PB & JELLY SANDWICH (V)</p> <p>SWEET CORN (L)</p>	 <p>CHEESE RAVIOLI WITH BREADSTICK</p>  <p>CHEESEBURGER OR HAMBURGER LETTUCE & TOMATO</p> <p>PB & JELLY SANDWICH (V)</p>  <p>STEAMED BROCCOLI CURLY FRIES</p>	  <p>CHEF'S SPECIAL BAKED CHICKEN LEG (L) WITH YELLOW RICE</p> <p>FISH STICKS WITH BREADSTICK</p> <p>TURKEY & CHEESE KABOOM! SUB</p> <p>PB & JELLY SANDWICH (V)</p> <p>STEAMED CARROTS (L) STEAMED BROCCOLI WARM CINNAMON APPLES</p>	 <p>CHICKEN NUGGETS WITH BREADSTICK</p> <p>CHEESE PIZZA STICKS (V) MARINARA SAUCE</p> <p>PB & JELLY SANDWICH (V)</p> <p>SWEET CORN (L) FRESH CANTALOUPE</p>

FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

COLD DELI OPTIONS OFFERED DAILY

Peanut Butter & Jelly Sandwich* offered daily Monday through Friday

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