










June K-8 Breakfast Menu

<p>5 Maple Pancakes</p> <p>Assorted General Mills & Kellogg's Cereal + Hard Boiled Egg</p> <p>Fruit Variety & Milk Variety</p>	<p>6 NEW! The Sunnyside Breakfast Quesadilla</p>  <p>Oatmeal Raisin Bar</p> <p>Fruit Variety & Milk Variety</p>	<p>7</p>  <p>Grilled Chicken-Ham & Cheese Breakfast Sandwich</p> <p>Assorted General Mills & Kellogg's Cereal + Graham Crackers</p> <p>Fruit Variety & Milk Variety</p>	<p>8</p> <p>Egg & Cheese English Muffin with Grape Jelly</p> <p>Mini Cinnamon Cream Cheese Bagels</p> <p>Fruit Variety & Milk Variety</p>	<p>9</p>  <p>Blueberry Mini Waffles</p>  <p>PB&J Graham Cracker Bar</p>
<p>12</p> <p>Turkey-Sausage Pancake Wrap</p> <p>Apple Cinnamon Muffin + String Cheese</p> <p>Fruit Variety & Milk Variety</p>	<p>13</p> <p>Toasted English Muffin with Peanut Butter & Grape Jelly</p> <p>Assorted General Mills & Kellogg's Cereal + Hard Boiled Egg</p> <p>Fruit Variety & Milk Variety</p>	<p>14</p> <p>Chicken-Sausage & Cheese Breakfast Sandwich</p>  <p>French Toast Bar</p> <p>Fruit Variety & Milk Variety</p>	<p>15</p> <p>Egg & Cheese English Muffin with Grape Jelly</p> <p>Assorted General Mills & Kellogg's Cereal + String Cheese</p> <p>Fruit Variety & Milk Variety</p>	<p>16</p>  <p>Toasted Bagel with Cream Cheese or Jelly</p>  <p>PBJ Graham Cracker Bar</p>
<p>19</p> <p>Maple Pancakes</p>  <p>Blueberry Muffin + Hard Boiled Egg</p> <p>Fruit Variety & Milk Variety</p>	<p>20 NEW! The Sunnyside Breakfast Quesadilla</p>  <p>Assorted General Mills & Kellogg's Cereal + String Cheese</p> <p>Fruit Variety & Milk Variety</p>	<p>21</p> <p>Summer Vacation!</p>	<p>22</p> <p>Summer Vacation!</p>	<p>23</p> <p>Summer Vacation!</p>
<p>26</p> <p>Summer Vacation!</p>	<p>27</p> <p>Summer Vacation!</p>	<p>28</p> <p>Summer Vacation!</p>	<p>29</p> <p>Summer Vacation!</p>	<p>30</p> <p>Summer Vacation!</p>

START STRONG WITH BREAKFAST EVERY DAY!

Child nutrition studies conducted across the country have concluded that school breakfast helps students improve their standardized test scores, math grades, and reading ability! Eating a balanced breakfast each day also helps students pay better attention and stay alert in class. Join us every morning for a tasty, energy-packed breakfast! All meals are free!



We Serve The Best!

Look for **NEW** items in red!
If it's green, it's **VEGETARIAN!**

Find all of our menus at www.cps.edu/menu
All meals are free, every day!

- We offer a daily rotation of vitamin and mineral-rich seasonal fresh and cupped fruits including: apples, oranges, pears, bananas, cantaloupe & honeydew, grapes, kiwi, and peaches.
- We use only heart-healthy whole grain breads, pastas, and rice.
- Our milk varieties include 1% low fat & fat-free choices.
- Our menus are pork-free!
- In Peanut-Free Buildings, SunButter™ will be substituted.
- All menus are subject to change.
- Not all offerings may be available in all buildings.