

# JANUARY 2019 ELEMENTARY GRAB & GO BREAKFAST

WWW.CPS.EDU/MENU

**ALL STUDENTS EAT FREE!**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7



WARM MINI STRAWBERRY CREAMY CHEESE BAGELS

FRENCH TOAST BAR



DRIED CRANBERRIES FRESH APPLE

8



EGG & CHEESE ENGLISH MUFFIN

PB & JELLY GRAHAM CRACKER BAR



**NEW!**



CINNAMON VANILLA GRANOLA & STRING CHEESE

FRESH APPLE FRESH ORANGE



9



FRENCH TOAST STICKS & MAPLE SYRUP

STRAWBERRY KIWI BAR



CHEERIOS & STRING CHEESE

DRIED CRANBERRIES FRESH APPLE



10



PANCAKE ON A STICK

**NEW!**

APPLE CINNAMON BAR



CINNAMON VANILLA GRANOLA & STRING CHEESE

FRESH APPLE FRESH ORANGE



11



STRAWBERRY PANCAKES

FROSTED MINI WHEATS & STRING CHEESE



BLENDED FRUIT JUICE FRESH APPLE

14



PANCAKE ON A STICK

FRENCH TOAST BAR



DRIED CRANBERRIES FRESH APPLE

15



WARM MINI STRAWBERRY CREAMY CHEESE BAGELS

**NEW!**

APPLE CINNAMON BAR

**NEW!**

CINNAMON VANILLA GRANOLA CEREAL & STRING CHEESE



FRESH ORANGE FRESH BANANA



16



PANCAKES & MAPLE SYRUP

MANGO BANANA BAR



STRAWBERRY PARFAIT & GRAHAM CRACKERS

STRAWBERRIES FRESH PEAR



17



FRENCH TOAST STICKS & MAPLE SYRUP

STRAWBERRY KIWI BAR



CINNAMON VANILLA GRANOLA CEREAL & STRING CHEESE

DRIED CRANBERRIES FRESH ORANGE



18



EGG & CHEESE BAGEL

PB & JELLY GRAHAM CRACKER BAR



APPLE JUICE FRESH BANANA

## Good Morning! Let's Grab Breakfast.

Breakfast is available for every student, even after the final morning bell rings.

We proudly serve chicken raised with No Antibiotics Ever!

SunButter will be substituted in buildings with peanut-free menus.

## All Meals Are **FREE** Every Day!

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are offered daily.

We only use heart-healthy whole grain breads.

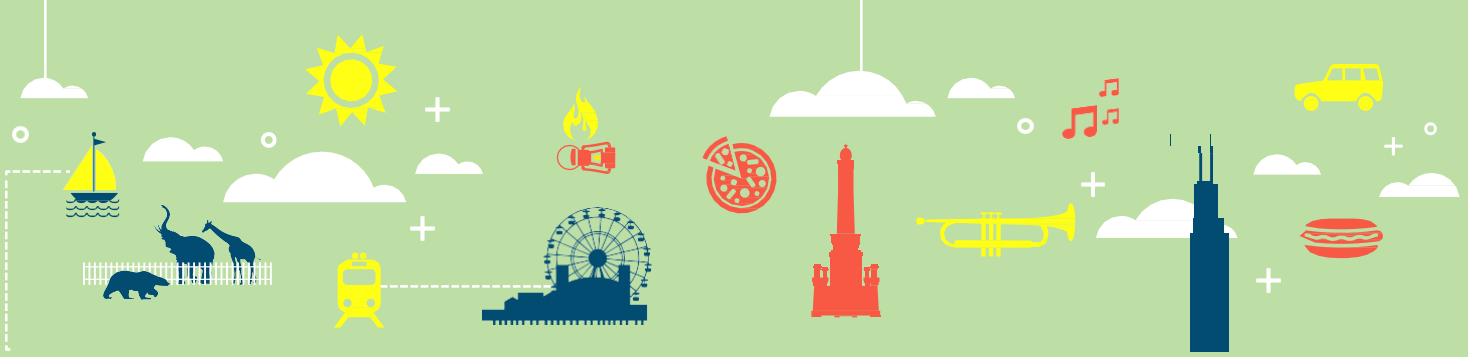
Our milk varieties include 1% low fat and fat-free flavored and unflavored options.

This institution is an equal opportunity provider.

Our menus are pork-free!  
All menus are subject to change.  
Not all offerings may be available in all buildings.



Questions? Contact us at [food@cps.edu](mailto:food@cps.edu)



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>21</p> <p>MARTIN LUTHER KING, JR. DAY</p>	<p>22</p> <p>STRAWBERRY PANCAKES</p> <p>FRENCH TOAST BAR</p> <p>DRIED CRANBERRIES FRESH APPLE</p>	<p>23</p> <p>FRENCH TOAST STICKS &amp; SYRUP</p> <p>STRAWBERRY KIWI BAR</p> <p>CHEERIOS &amp; STRING CHEESE</p> <p>FRESH APPLE SLICES FRESH PEAR</p>	<p>24</p> <p>PANCAKE ON A STICK</p> <p>NEW! APPLE CINNAMON BAR</p> <p>NEW! CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>DRIED CRANBERRIES FRESH ORANGE</p>	<p>25</p> <p>WARM MINI STRAWBERRY CREAMY CHEESE BAGELS</p> <p>FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>BLENDED FRUIT JUICE FRESH BANANA</p>
<p>28</p> <p>PANCAKE ON A STICK</p> <p>FRENCH TOAST BAR</p> <p>DRIED CRANBERRIES FRESH APPLE</p>	<p>29</p> <p>WARM MINI STRAWBERRY CREAMY CHEESE BAGELS</p> <p>NEW! APPLE CINNAMON BAR</p> <p>NEW! CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>FRESH ORANGE FRESH BANANA</p>	<p>30</p> <p>PANCAKES &amp; MAPLE SYRUP</p> <p>STRAWBERRY KIWI BAR</p> <p>FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>FRESH APPLE SLICES FRESH PEAR</p>	<p>31</p> <p>FRENCH TOAST STICKS &amp; SYRUP</p> <p>MANGO BANANA BAR</p> <p>NEW! CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>APPLE JUICE FRESH ORANGE</p>	<p>1</p> <p>NO CLASSES SCHOOL IMPROVEMENT DAY</p>

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