

# FEBRUARY 2019 K-8 GRAB & GO BREAKFAST

WWW.CPS.EDU/MENU

**ALL STUDENTS EAT FREE!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>STRAWBERRY PANCAKES</p> <p>FRENCH TOAST BAR</p> <p>DRIED CRANBERRIES FRESH APPLE</p>	<p>5</p> <p>EGG &amp; CHEESE ON ENGLISH MUFFIN</p> <p>PB &amp; JELLY GRAHAM CRACKER BAR</p> <p><b>NEW!</b> CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>FRESH ORANGE FRESH BANANA</p>	<p>6</p> <p>FRENCH TOAST STICKS &amp; SYRUP</p> <p>STRAWBERRY KIWI BAR</p> <p>CHEERIOS &amp; STRING CHEESE</p> <p>FRESH APPLE SLICES FRESH PEAR</p>	<p>7</p> <p>PANCAKE ON A STICK</p> <p><b>NEW!</b> APPLE CINNAMON BAR</p> <p><b>NEW!</b> CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>DRIED CRANBERRIES FRESH ORANGE</p>	<p>8</p> <p>MINI STRAWBERRY CREAMY CHEESE BAGELS</p> <p>FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>BLENDED FRUIT JUICE FRESH BANANA</p>
<p>11</p> <p>PANCAKE ON A STICK</p> <p>FRENCH TOAST BAR</p> <p>DRIED CRANBERRIES FRESH APPLE</p>	<p>12</p> <p>WARM MINI STRAWBERRY CHEESE BAGELS</p> <p><b>NEW!</b> APPLE CINNAMON BAR</p> <p><b>NEW!</b> CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>BLENDED FRUIT JUICE FRESH ORANGE</p>	<p>13</p> <p>PANCAKES &amp; MAPLE SYRUP</p> <p>MANGO BANANA BAR</p> <p>FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>FRESH APPLE SLICES FRESH PEAR</p>	<p>14</p> <p>FRENCH TOAST STICKS &amp; SYRUP</p> <p>STRAWBERRY KIWI BAR</p> <p><b>NEW!</b> CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>DRIED CRANBERRIES FRESH ORANGE</p>	<p>15</p> <p>EGG &amp; CHEESE BAGEL</p> <p>PB &amp; JELLY GRAHAM CRACKER BAR</p> <p>APPLE JUICE FRESH BANANA</p>

## Good Morning! Let's Grab Breakfast.

Breakfast is available for every student, even after the final morning bell rings.

We proudly serve chicken raised with No Antibiotics Ever!

SunButter will be substituted in buildings with peanut-free menus.

## All Meals Are **FREE** Every Day!

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are offered daily.

We only use heart-healthy whole grain breads.

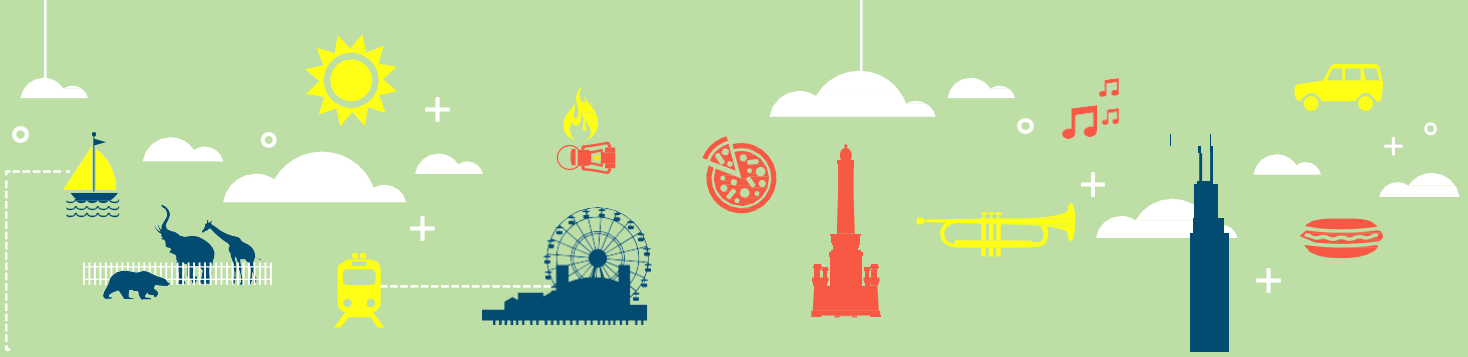
Our milk varieties include 1% low fat and fat-free flavored and unflavored options.

This institution is an equal opportunity provider.

Our menus are pork-free!  
All menus are subject to change.  
Not all offerings may be available in all buildings.



Questions? Contact us at [food@cps.edu](mailto:food@cps.edu)



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>18</p> <p>PRESIDENT'S DAY</p>	<p>19</p> <p>STRAWBERRY PANCAKES</p> <p>FRENCH TOAST BAR</p> <p>BLENDED FRUIT JUICE FRESH APPLE</p>	<p>20</p> <p>FRENCH TOAST STICKS &amp; SYRUP</p> <p>STRAWBERRY KIWI BAR</p> <p>CHEERIOS &amp; STRING CHEESE</p> <p>FRESH APPLE SLICES FRESH PEAR</p>	<p>21</p> <p>PANCAKE ON A STICK</p> <p>NEW! APPLE CINNAMON BAR</p> <p>NEW! CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>DRIED CRANBERRIES FRESH ORANGE</p>	<p>22</p> <p>MINI STRAWBERRY CREAMY CHEESE BAGELS</p> <p>FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>APPLE JUICE FRESH BANANA</p>
<p>25</p> <p>PANCAKE ON A STICK</p> <p>FRENCH TOAST BAR</p> <p>DRIED CRANBERRIES FRESH APPLE</p>	<p>26</p> <p>MINI STRAWBERRY CREAMY CHEESE BAGELS</p> <p>NEW! APPLE CINNAMON BAR</p> <p>NEW! CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>BLENDED FRUIT JUICE FRESH ORANGE</p>	<p>27</p> <p>PANCAKES &amp; MAPLE SYRUP</p> <p>MANGO BANANA BAR</p> <p>FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>FRESH APPLE SLICES FRESH PEAR</p>	<p>28</p> <p>FRENCH TOAST STICKS &amp; SYRUP</p> <p>STRAWBERRY KIWI BAR</p> <p>NEW! CINNAMON VANILLA GRANOLA &amp; STRING CHEESE</p> <p>DRIED CRANBERRIES FRESH ORANGE</p>	<p>1</p> <p>EGG &amp; CHEESE BAGEL</p> <p>PB &amp; JELLY GRAHAM CRACKER BAR</p> <p>APPLE JUICE FRESH BANANA</p>

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