

Skinner North

Establishing a Home Learning Environment

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What are some school expectations that I can reinforce at home to extend the school environment to my home?

#beYOUUnique – Remember we are all individuals who have unique learning styles and abilities. Work to both build on your strengths and grow in your areas of development.

Some general expectations to utilize are:

1. Come to class (or your learning time) prepared and with a growth mindset.
2. Respect everyone (this includes your parent and siblings) and everything.
3. Have self-control and make good choices.
4. Be safe and have fun.

How can I help my child focus on their learning activities and persevere when needed?

General Tips for Home Learning

- Create a daily routine so your children always know when it will be time to focus on learning.
- Have your children set academic and social & emotional goals prior to working. Ex. What do you plan to work on today? What will you do if you get stuck? How can I support you?
- Remember remote learning is not the same as school. We would not expect a student to be engaged the same number of hours as they would be at school. Recommend durations for daily student academic engagement are as follows:
 - Grades K-2: 90 minutes
 - Grades 3-5: 120 minutes
 - Grades 6-8: 180 minutes
- Determine the time when your child is best able to focus. For some children, this is the first thing in the morning and for others, it is in the afternoon.
- Ensure your child is receiving adequate sleep and is well-rested when they begin their school work.
- Keep device screens within your view and monitor screens anytime children are working online to ensure they are actively engaged in the digital school work and resources provided.
- Provide your child with frequent encouragement and reminders as needed.
- Find the workspace where your child works best. For some children, it is sitting in their favorite spot on the couch and for others, it may be standing at the kitchen table.
- Allow your child to take a movement or sensory break every 30-60 minutes at regular intervals.
- Once your child is done working for the day, ask them to reflect. Ex. What did you learn today? What did you accomplish today? What did you find challenging today?

How can my child get support and assistance if they are unable to complete a task or are confused?

- Encourage your child to re-read

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- Ask your child to draw or create a visual model that may help them
- Tell your child to skip a problem and come back later
- Read a question or prompt out loud to help your child
- Email your child's teacher if you have a specific question or way to approach something.
- Email our school counselor, Ms. Jacobson (jtjacobson@cps.edu) for Social-Emotional Learning support
- Use the Google folder shared by teachers to access various resources.