

LUNCH K THROUGH 8

APRIL 2018

2-ENTREE WITH FRUIT & VEGGIE STATION

WWW.CPS.EDU/FOOD



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>  <p>Personal Cheese Pizza or Turkey-Pepperoni Pizza with Breadsticks</p> <p>Triple Cheese Roll-Up</p> <p>FRUIT & VEGGIE STATION Baby Carrots Fresh Tomato Wedges Zesty Black Beans Applesauce · Fresh Orange Diced Peaches · Diced Pears</p>	<p>3</p>  <p>Popcorn Chicken Bowl with Breadstick</p> <p>English Muffin Pizza Kit</p> <p>FRUIT & VEGGIE STATION Mashed Potatoes Zesty Black Beans Kickin' Pintos · Baby Carrots Celery Sticks · Applesauce Fresh Orange · Cinnamon Pears Diced Peaches</p>	<p>4</p>  <p>Baked Rotini Cheese with Breadstick</p> <p>PB & Jelly Sandwich</p> <p>FRUIT & VEGGIE STATION Steamed Broccoli Zesty Black Beans Baby Carrots · Celery Sticks Applesauce · Diced Peaches Fresh Orange · Diced Pears</p>	<p>5</p>  <p>BBQ Chicken Leg (L) with Dinner Roll</p> <p>Chef Salad with Dinner Roll</p> <p>FRUIT & VEGGIE STATION Seasoned Potato Roasters (L) Marinated Chickpeas Zesty Black Beans Baby Carrots · Cucumber Diced Pears · Fresh Orange Diced Peaches · Applesauce</p>	<p>6</p>  <p>Yogurt & Cheese Fun Kit</p> <p>Cheesy Meatloaf Sandwich</p> <p>FRUIT & VEGGIE STATION Sweet Potato Fries Baby Carrots Zucchini Slices · Celery Sticks Zesty Black Beans Applesauce · Diced Pears Cantaloupe · Diced Peaches</p>
<p>9</p>  <p>Cranberry, Apple & Cheddar Salad with Chicken or Garbanzo Beans and Roll</p> <p>Personal Cheese Pizza or Turkey-Pepperoni Pizza with Breadstick</p> <p>FRUIT & VEGGIE STATION Baby Carrots Celery Sticks · Applesauce Orange & Grape Medley Diced Peaches · Diced Pears</p>	<p>10</p>  <p>Turkey Carnitas or Bean and Rice Bowl with Sour Cream, Jalapenos & Salsa</p> <p>Grilled Chicken-Ham & Cheese or Grilled Cheese Sandwich</p> <p>FRUIT & VEGGIE STATION Fresh Broccoli Zesty Black Beans Cucumber Slices · Applesauce Banana · Cinnamon Pears Diced Peaches</p>	<p>11</p>  <p>Rotini with Italian Meat Sauce or Broccoli Alfredo Sauce with Breadstick</p> <p>Tuna Salad Sandwich with Lettuce & Tomato</p> <p>FRUIT & VEGGIE STATION Side Garden Salad Baby Carrots · Zucchini Slices Warm Cinnamon Apples Diced Peaches Fresh Orange · Diced Pears</p>	<p>12</p>  <p>Fish Po'Boy Sandwich with Buffalo Slaw</p> <p>Broccoli Caesar Salad with Chicken or Garbanzo Beans</p> <p>FRUIT & VEGGIE STATION Seasoned Potato Wedges (L) Marinated Chickpeas Cucumber Slices Diced Peaches · Fresh Orange Diced Pears · Applesauce</p>	<p>13</p> <p>No School</p>

- We only use whole grain breads, pastas, and rice. Milk includes 1% lowfat and fat-free choices.
- Vegetarian entrees are in **green**.
- All recipes are pork-free.
- We proudly serve "No Antibiotics Ever!" chicken.
- Bringing lunch from home? Grab a **fruit, veggies & milk** for **free** to complete your meal!
- For new recipes and promotions, look for the orange fork!
- Locally-grown ingredients are marked with the (L)

- Now serving **Tony's Personal Pizzas** on Mondays!
- Try our new salads this month! – **Cranberry, Apple & Cheddar** or **Broccoli Caesar**!
- Crazy Flavor – the new **Fish Po'Boy with Buffalo Slaw** on April 12th!
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>16</p>  <p>Personal Cheese Pizza or Turkey-Pepperoni Pizza</p> <p>Cranberry Chicken Salad Sandwich with lettuce & Tomato</p> <p>FRUIT & VEGGIE STATION Side Garden Salad Fresh Broccoli Celery Sticks Orange & Grape Medley Diced Peaches · Diced Pears</p>	<p>17</p> <p>Cooking up Change</p> <p>Winning Menu by Prosser Academy Culinary Students!</p>  <p>Arroz con Pollo Tazon and Zanahorias Rostizadas (Rice with Chicken, Roasted Carrot Salad) Pear Crisp</p> <p>PB & Jelly Sandwich</p> <p>FRUIT & VEGGIE STATION Roasted Carrot Salad Black Beans · Cucumber Slices Caramelized Pear Crisp Baby Carrots · Applesauce Fresh Orange · Diced Peaches</p>	<p>18</p> <p>Elementary School Parent-Teacher Conferences</p>	<p>19</p>  <p>Chicken Pasta Primavera with Breadstick</p> <p>Yogurt & Cheese Fun Kit</p> <p>FRUIT & VEGGIE STATION Side Garden Salad Baby Carrots · Fresh Broccoli Diced Peaches · Fresh Orange Dried Cranberries · Applesauce</p>	<p>20</p>  <p>Chicken Nuggets Chili-Lime BBQ Dipping Sauce</p> <p>Vegetarian Baja Salad with Dinner Roll</p> <p>FRUIT & VEGGIE STATION Sweet Potato Fries Marinated Chickpeas · Carrots Fresh Broccoli · Celery Sticks Apple Slices · Diced Pears Fresh Cantaloupe · Raisins</p>
<p>23</p>  <p>Turkey & Cheese KaBoom Sub with lettuce & Tomato</p> <p>Personal Cheese Pizza or Turkey-Pepperoni Pizza with Breadstick</p> <p>FRUIT & VEGGIE STATION Side Garden Salad Baby Carrots · Celery Sticks Apple Slices Orange & Grape Medley Raisins · Applesauce</p>	<p>24</p>  <p>Country Chicken Nugget Bowl with Breadstick</p> <p>PB & Jelly Sandwich</p> <p>FRUIT & VEGGIE STATION Mashed Potatoes Fresh Broccoli · Chickpeas Baby Carrots · Apple Slices Fresh Orange · Cinnamon Pears Diced Peaches</p>	<p>25</p>  <p>Beef or Vegetarian Nachos with Queso Sauce, Sour Cream, Jalapeños & Salsa</p> <p>English Muffin Pizza Kit</p> <p>FRUIT & VEGGIE STATION Side Garden Salad Zesty Black Beans Warm Cinnamon Apples Raisins · Fresh Banana Diced Pears</p>	<p>26</p>  <p>Chicken Penne Alfredo with Breadstick</p> <p>Triple Cheese Roll-Up</p> <p>FRUIT & VEGGIE STATION Fresh Zucchini Slices Baby Carrots · Fresh Broccoli Diced Peaches · Fresh Orange Dried Cranberries · Applesauce</p>	<p>27</p>  <p>Chicken Patty Sandwich with lettuce & tomato</p> <p>Fruit & Cheese Plate with Dinner Roll</p> <p>FRUIT & VEGGIE STATION Italian Blend Green Beans Fresh Cucumber Slices Baby Carrots · Celery Sticks Apple Slices · Diced Pears Fresh Cantaloupe · Raisins</p>

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- On April 17th, celebrate the culinary students' at **Prosser High School's** winning menu in this year's **Cooking up Change** competition! Learn more [here](#).
- **Nachos** now served with **Queso Sauce**! Try it on the 25th!
- All chicken is antibiotic-free!
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